



DISABLED AND ELDERLY CARE SERVICES IN TURKEY DURING THE COVID-19 PANDEMIC

REPUBLIC OF TURKEY THE MINISTRY OF FAMILY, LABOUR AND SOCIAL SERVICES
GENERAL DIRECTORATE OF DISABLED AND ELDERLY SERVICES

Coşgun GÜRBOĞA

Head of Elderly Care Services Department

cosgun.gurboga@ailevecalisma.gov.tr

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PRECAUTIONS OF COVID -19 IN TURKEY

- As the virus have begun spreading rapidly around the globe, countries have reacted to the threat by announcing a series of counter measures accompanied by social restrictions in varying degrees.
- Turkey has begun taking such measures promptly through an effective cooperation with all concerned public and private institutions to prevent the outbreak from entering and spreading in the country.
- One of the most effective assets in fighting against the outbreak Turkey has at its disposal are the large number of hospitals and intensive care units per person.



PRECAUTIONS OF COVID -19 IN TURKEY

- Turkey has been managing the Covid-19 situation since its inception. Policymakers, regulators, and all economic authorities are vigilantly following the developments and are taking all necessary measures to reassure the health, education, labour, and social services.
- Education will continue online until the end of the year and all sports competitions will continue to be played without an audience.
- Meanwile, malls, markets, restaurants and hairdressers will be open from 10 a.m. to 8 p.m. throughout the week, with restaurants only providing delivery services.
- Public and private sector workplaces are to allow flexible working hours for their employees in a way that does not create tension.



PRECAUTIONS OF COVID -19 IN TURKEY

- As Turkey declared a partial curfew for senior citizens aged 65 and over, "Vefa Social Support Group" in provinces and districts to help those in need, particularly who live alone or with chronic ailments.
- Vefa Social Support Group have reached more than 1.5 million senior citizens to meet their needs under the lockdown.
- The government has announced a TRY1,000 payment for families in need for more than 2 million households. The aid in cash were delivered directly to the houses of needy to make sure that social distancing measures are observed.
- The government has also doubled funds to cover intensive care unit treatment costs, paying hospitals an extra TRY660 per day for each patient diagnosed with the coronavirus.



OFFICIAL ELDERLY CARE SERVICES INVENTORY

INVENTORY OF OFFICIAL ELDERLY CARE ORGANISATIONS AFFILIATED TO THE MINISTRY - NOVEMBER 2020

ELDERLY CARE INSTITUTIONS	NUMBER OF ELDERLY CARE CENTRES	CAPACITY	NUMBER OF ELDERLY SERVED	NUMBER OF EMPTY BEDS	FULL CAPACITY RATIO
<u>ELDERLY CARE CENTRES AFFILIATED TO OUR MINISTRY</u>	157	15.893	12.302	3.685	%77,41
<u>ELDERLY HOMES</u> (It is included in the capacity of nursing homes under our Ministry.)	25	117	105	12	%89,74
<u>TOTAL</u>	157	15.893	12.302	3.685	%77,41



CHRONIC DISEASES PROFILE OF ELDERLY IN OUR INSTITUTIONS

DISEASE TYPE	RATIO(%) TO TOTAL NUMBER
Heart / Vascular Disease	27,51%
Diabetes	8,12%
Fully Dependent on Bed	12,72%
Dependent on Oxygen Cylinder	1,58%
Chronic Respiratory Disease	10,97%
Alzheimer's Disease	25,05%
TOTAL	



COVID-19 MEASURES IN DISABILITY AND ELDERLY LONG TERM CARE CENTRES

January 2020

The institutions were instructed for health screening (eye, ear, nose, throat, mouth and dental health).

March 2020:

Entries and exits are restricted.

Mask, distance and hygiene
Trainings

Fever Tracking

February 2020:

Quarantine
application for
visitors/residents
from abroad 14
days



COVID-19 MEASURES IN DISABILITY AND ELDERLY LONG TERM CARE CENTRES

TEAM WORK

Elderly
Staff
Programme

PROTOCOL WITH MINISTRY OF HEALTH

Need for doctor
employment in the
long term care
centres.

Material supply
and Stock tracking
inventory was
created.



COVID-19 MEASURES IN DISABILITY AND ELDERLY LONG TERM CARE CENTRES

Crisis Desk was created in all provinces and the General Directorate in response to the epidemic.

Social isolation rooms, blocks and units were created.

The shift system of the personnel in the institutions for constant work for 7-10-14 days

COVID-19 PCR tests were performed at personnel shifts.



COVID-19 MEASURES IN DISABILITY AND ELDERLY LONG TERM CARE CENTRES

NUTRITION

PHYSICAL
EXERCISES

Walking,
Bocce,

INDIVIDUAL
AND GROUP
ACTIVITIES

Workshops,
Puzzle,
Wood painting,
Knitting,
Painting

PSYCHOSOCIAL
SUPPORT

Digital
conversations,
Weekend surprises,
National festivals,
Birthday
celebrations



COVID-19 MEASURES IN DISABILITY AND ELDERLY LONG TERM CARE CENTRES

Avoiding the feeling of
loneliness

**«WE ARE A BIG
FAMILY»**

Preventing future
anxiety

«I AM SAFE»

and

**«BAD DAYS WILL
PASS»**

Burn-out Syndrome in
staff

**«WE HAVE
WORKED SO MUCH
BUT OUR ELDERLY
FACES SMILE»**



EVALUATION AND CONCLUSION

- ❖ Social distance, mask, personal protective equipment, disinfectants (basic hygiene measures)
- ❖ Social isolation units (room, floor, institution levels)
- ❖ Application of PCR tests (for staff and elderly residents)
- ❖ Constant shift system (7-10-14 days)
- ❖ Fixed Personnel system to the elderly / room / floor
- ❖ Updating the stock/case status (effective communication with the field)
- ❖ Coordination with the Provincial Health Directorates
- ❖ Updated measures according to the recommendations of the Ministry of Health and the Scientific Committee (guides prepared / official letters transmitted)



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«For more information, please contact»

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