

مسوح استهلاك التبغ في دولة قطر

Tobacco Surveys in Qatar



وزارة التخطيط التنموي والإحصاء
Ministry of Development Planning and Statistics





Tobacco Surveys in Qatar

Tobacco use is one of the biggest public health threats the world has ever faced in history. Every year, it kills six million people, more than five millions of them are smokers or used to be smokers, more than 600,000 are non-smokers , but affected by the passive smoking. Further more , one person dies every six seconds from tobacco, which represents one tenth of adult deaths. Also , about half of current tobacco users will eventually be decimated by a tobacco-related disease, and if tobacco-related deaths are not controlled, they will increase to more than 8 million deaths by 2030 ([WHO, 2018](#)).



Tobacco Surveys in Qatar

The State of Qatar is one of the countries that pay great attention to monitoring tobacco consumption and set a huge budgets to it, also make any possible efforts. These surveys provide a clear picture for decision makers about the importance of smoking cessation through strict procedures such as raise tobacco taxes , encourage smokers to quit smoking through stop smoking support programs. As well as it provide an accurate database on the phenomenon of tobacco use.

The Ministry of Development Planning and Statistics, in cooperation with Ministry of Public Health and the World Health Organization, implemented the Global Adult Tobacco Survey (GATS) in 2013.

The Ministry of Development Planning and Statistics, in collaboration with the Ministry of Public Health, will implement the STEPwise survey in early 2019, based on WHO recommendations. This survey included questions on tobacco use (TQS).



Tobacco Surveys in Qatar

	National STEPwise Survey Tobacco Use (TQS)	Global Adult Tobacco Survey (GATS)
Year of implementation	2019	2013
About the survey	<p>Is a follow-up process that begins by collecting basic information on risk factors that are intended for any exposure, behavior or genetic factors that a person has or passes through during his life and increases the likelihood of being infected with the disease. The risk factors covered by this survey include:</p> <ul style="list-style-type: none"> • Tobacco use • Obesity • Physical inactivity • Unhealthy nutrition • High blood pressure • Increase blood sugar • Increase blood fat 	<p>Is a global standard Survey that is implemented with a standard methodology to monitor tobacco use among adults (smokeless and non-smoking tobacco) and to follow basic indicators to combat its consumption.</p> <p>The results of this survey reflect the local status of tobacco consumption based on a protocol and agreed standards in all countries, including the State of Qatar.</p>



Tobacco Surveys in Qatar

	National STEPwise Survey Tobacco Use (TQS)	Global Adult Tobacco Survey (GATS)
Target Sample	Qatari Households only (male and female)	Qatari and non-Qatari households (male and female) (excluding those residing in labor gatherings)
Age groups of the sample	Qatari adults who range aged between 18 and 64 years	Individuals aged 15 and over
Number of HH participating in the survey sample	6000 Household	The survey included 8571 Household , one randomly selected individual from each household to participate in the study
Method of collecting information	Survey information will be collected electronically using handheld devices	Survey information was collected electronically using handheld devices



Tobacco Surveys in Qatar

	National STEPwise Survey Tobacco Use (TQS)	Global Adult Tobacco Survey (GATS)
Survey methodology	<p>The survey uses a standardized methodology at the global level, where basic information is collected three steps:</p> <ol style="list-style-type: none"> Step (1) : questionnaire that includes a range of questions on age, education, employment, tobacco use, nutrition, physical activity, oral health, dentistry and injuries. Step (2) : biometrics through which taken measurements of height, weight, waist circumference, hip and blood pressure . Step (3) : the final stage taken a small amount of blood from finger prick to determine the level of sugar in the blood and the level of fat, which include total cholesterol, triglycerides, high-density lipids and low-density lipids. 	<p>The survey uses a standardized methodology at the global level, including information on smoking and non-smoking, tobacco use, smoking cessation, passive smoking, the economic impact of tobacco and information, its role in the spread of tobacco information, attitudes and beliefs towards tobacco use.</p>



Tobacco Surveys in Qatar

STEPwise Survey Objectives :

1. Provide a basic database of non-communicable chronic diseases and risk factors for infection in Qatar.
2. To predict the burden of these chronic non-communicable diseases and the direction of their risk factors.
3. Help health services and planning to prioritize public health.
4. Develop a national strategy for the prevention and control of these diseases by reducing unhealthy behaviors and major risk factors.



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Tobacco Surveys in Qatar

STEPwise Survey participants:

1. Ministry of Development Planning and Statistics



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Ministry of Development Planning and Statistics

2. Ministry of Public Health



3. World Health Organization (WHO)





Tobacco Surveys in Qatar

(Tobacco Use)

STEPwise Survey Behavioral questions (TQS):

Question	Response	
Do you currently smoke any tobacco products, such as Cigarettes, cigars / pipes/ pipes/sibil/ midwakh / khishg/ or Shisha/Argeela?	Yes No	
Do you currently smoke tobacco products daily ? Definition: Daily means smoking at least one tobacco product every day or nearly every day over a period of a month or more	Yes No	
How old were you when you first started smoking?	Age (years) <input type="text"/> <input type="text"/> <input type="text"/>	
Do you remember how long ago it was? (RECORD ONLY 1, NOT ALL 3)	In Years <input type="text"/> <input type="text"/> <input type="text"/>	
	in Months <input type="text"/> <input type="text"/> <input type="text"/>	
	in Weeks <input type="text"/> <input type="text"/> <input type="text"/>	
Put "0" in daily/weekly if he/she doesn't smoke product On average, how many of the following products do you smoke each day/week ? (IF LESS THAN DAILY, RECORD WEEKLY) (RECORD FOR EACH TYPE)	DAILY↓ WEEKLY↓	
	Manufactured cigarettes	<input type="text"/>
	Hand-rolled cigarettes	<input type="text"/>
	Pipes full of tobacco (Sibil/ midwakh / khishg)	<input type="text"/>
	Cigars, cheroots, cigarillos	<input type="text"/>
	Number of Shisha/ Argeela sessions	<input type="text"/>
	Other	<input type="text"/>
Other (please specify product):	



Tobacco Surveys in Qatar

(Smoking Shisha/Argeela)

STEPwise Survey Behavioral questions (TQS):

Question	Response
I would now like to ask you some questions about smoking Shisha/Argeela.	<input type="text"/> <input type="text"/> Hours minutes
The last time you smoked Shisha/Argeela, how long did you participate in the Shisha/Argeela smoking session?	
How old were you when you first started smoking Shisha/Argeela?	Age (years) <input type="text"/> <input type="text"/>
Do you remember how long ago it was?	In Years <input type="text"/> <input type="text"/>
(RECORD ONLY 1, NOT ALL 3)	In Months <input type="text"/> <input type="text"/>
	In Weeks <input type="text"/> <input type="text"/>
The last time you smoked a Shisha/Argeela, about how many stones were smoked while you were participating in the session?	LESS THAN 1 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 OR MORE <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
The last time you smoked Shisha/Argeela, where did you smoke it?	HOME <input type="checkbox"/> SHEESHA CAFE <input type="checkbox"/> RESTAURANT <input type="checkbox"/> OTHER <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
The last time you smoked Shisha/Argeela, did you smoke it with flavored tobacco, unflavored tobacco, or both?	FLAVORED <input type="checkbox"/> UNFLAVORED <input type="checkbox"/> BOTH <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
The last time you smoked Shisha/Argeela, was the water in the Shisha/Argeela tank mixed with other substances?	YES <input type="checkbox"/> NO <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
On average, How much do you think you spend in a month on Shisha/Argeela? In Qatari Riyals	Amount <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> QAR



Tobacco Surveys in Qatar

(Quit Smoking)

STEPwise Survey Behavioral questions (TQS):

Question	Response			
During the past 12 months, have you tried to stop smoking?	Yes			
	No			
Did you use any of the following to try to stop smoking tobacco in the past 12 months? "Multiple answers are allowed"		YES	NO	REFUSED
a. Try to quit without assistance	1	2	9	
b. Nicotine replacement therapy, such as the patch or gum?	1	2	9	
c. Visited smoking cessation clinic	1	2	9	
d. Switching to smokeless tobacco?	1	2	9	
e. Switching to e-cigarettes?	1	2	9	
f. Anything else?	1	2	9	

During any visit to a doctor or other health worker in the past 12 months, were you advised to quit smoking tobacco?	Yes		
	No		
	No visit during the past 12 months		
In the past, did you ever smoke any tobacco products?	Yes		
	No		
In the past, did you ever smoke daily?	Yes		
	No		
How old were you when you stopped smoking?	Age (years)	___	___
How long ago did you stop smoking? (RECORD ONLY 1, NOT ALL 3)	Years ago	___	___
	OR Months ago	___	___
	OR Weeks ago	___	___



Tobacco Surveys in Qatar

(Smokeless Tobacco)

Question	Response
Do you currently use any smokeless tobacco products such as [snuff, chewing tobacco, betel quid with tobacco]?	Yes
	No
Do you currently use smokeless tobacco products daily? <i>Definition: Daily means using smokeless tobacco at least one time every day or nearly every day over a period of a month or more</i>	Yes
	No
On average, how many times a day/week do you use (IF LESS THAN DAILY, RECORD WEEKLY)	DAILY ↓ WEEKLY ↓
	Snuff, by nose e.g. Shamma/ Neshooq
	Chewing tobacco (e.g. Suwaka or Tinbak)
	Betel quid with tobacco
	Other
	Other (please specify):
How old were you when you first started using smokeless tobacco daily?	<input type="text"/> <input type="text"/> IF DON'T KNOW OR REFUSED, ENTER 99
How many years ago did you first started using smokeless tobacco daily?	(IF REFUSED, ENTER 99) <input type="text"/> <input type="text"/>
Do you remember how long ago it was? (RECORD ONLY 1, NOT ALL 3)	In Years <input type="text"/> <input type="text"/> In Months <input type="text"/> <input type="text"/> In Weeks <input type="text"/> <input type="text"/>
On average, How much do you think you spend in a month on smokeless tobacco products? In Qatari Riyals	Amount <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> QAR
In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, , or betel quid with tobacco]?	Yes No
In the past, did you ever use smokeless tobacco products such as [snuff, chewing tobacco, , or betel quid with tobacco] daily?	Yes No

STEPwise Survey Behavioral questions (TQS):

- Smokeless tobacco is tobacco that is not smoked, but is sniffed through the nose, held in the mouth, or chewed.
- Smokeless tobacco, such as snuff (Shamma/ Neshooq), chewing tobacco (Suwaika / Tinbak), betel quid with tobacco



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STEPwise Survey Behavioral questions (TQS):

(Stop Using Smokeless Tobacco)

Question	Response	Code																								
How long has it been since you stopped using smokeless tobacco? [ONLY INTERESTED IN WHEN RESPONDENT STOPPED USING SMOKELESS TOBACCO REGULARLY — DO NOT INCLUDE RARE INSTANCES OF USING SMOKELESS TOBACCO]	YEARS <input type="checkbox"/> MONTHS <input type="checkbox"/> WEEKS <input type="checkbox"/> DAYS <input type="checkbox"/> LESS THAN 1 DAY <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>																									
[ENTER NUMBER OF (YEARS/MONTHS/WEEKS/DAYS)]	<input type="text"/> <input type="text"/> <input type="text"/>																									
During the past 12 months, did you use any of the following to try to stop using smokeless tobacco?	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">YES</th> <th style="text-align: center;">NO</th> <th style="text-align: center;">REFUSED</th> </tr> </thead> <tbody> <tr> <td>a. Try to quit without assistance</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">9</td> </tr> <tr> <td>b. Nicotine replacement therapy, such as the patch or gum?</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">9</td> </tr> <tr> <td>c. Visited smoking cessation clinic</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">9</td> </tr> <tr> <td>d. Switching to smoke tobacco?</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">9</td> </tr> <tr> <td>e. Anything else?</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">9</td> </tr> </tbody> </table>		YES	NO	REFUSED	a. Try to quit without assistance	1	2	9	b. Nicotine replacement therapy, such as the patch or gum?	1	2	9	c. Visited smoking cessation clinic	1	2	9	d. Switching to smoke tobacco?	1	2	9	e. Anything else?	1	2	9	
	YES	NO	REFUSED																							
a. Try to quit without assistance	1	2	9																							
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e. Anything else?	1	2	9																							
Anything else (Specify)	_____																									



Tobacco Surveys in Qatar

(Electronic cigarettes)

STEPwise Survey Behavioral questions (TQS):

Question	Response	Code
<p>Electronic cigarettes include any product that uses batteries or other methods to produce a vapor which contains nicotine. They have various other names such as e-cigarette, vape-pen, e-Shisha/Argeela, e-pipes.</p> <p>Before today, have you ever heard of electronic cigarettes?</p>	<p>YES <input type="checkbox"/></p> <p>NO <input type="checkbox"/></p> <p>REFUSED <input type="checkbox"/></p>	
<p>Do you *currently* use electronic cigarettes on a daily basis, less than daily, or not at all?</p>	<p>DAILY <input type="checkbox"/></p> <p>LESS THAN DAILY <input type="checkbox"/></p> <p>NOT AT ALL <input type="checkbox"/></p> <p>REFUSED <input type="checkbox"/></p>	
<p>How old were you when you first started using electronic cigarettes?</p>	<p> <u> </u> In Years</p>	
<p>Do you remember how long ago it was? (RECORD ONLY 1, NOT ALL 3)</p>	<p>In years <u> </u></p> <p>In months <u> </u></p> <p>In weeks <u> </u></p>	
<p>Have you ever, *even once*, used an electronic cigarette?</p>	<p>YES <input type="checkbox"/></p> <p>NO <input type="checkbox"/></p> <p>REFUSED <input type="checkbox"/></p>	
<p>Where would you be able to get e-cigarettes from?</p>	<p>Purchased in Qatar <input type="checkbox"/></p> <p>Brought from abroad <input type="checkbox"/></p> <p>Ordered online <input type="checkbox"/></p> <p>Others <input type="checkbox"/></p> <p>I don't know <input type="checkbox"/></p> <p>REFUSED <input type="checkbox"/></p>	
<p>How much do you think you spend in a month on e-cigarettes? In Qatari Riyals</p>	<p>Amount <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> QAR</p>	



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STEPwise Survey Behavioral questions (TQS):

(Smoking Areas)

<p>During the past 30 days, did someone smoke in your home? This only includes enclosed areas of the home- the respondent should not include areas outside of the home including patios, porches, etc. that are not fully enclosed.</p>	<p>Yes</p> <p>No</p>
<p>During the past 30 days, did someone smoke in closed areas in your workplace (in the building, in a work area or a specific office)?</p>	<p>Yes</p> <p>No</p> <p>Don't work in a closed area</p>
<p>Did anyone smoke inside of any restaurants that you visited in the past 30 days?</p>	<p>YES <input type="checkbox"/></p> <p>NO <input type="checkbox"/></p> <p>DONT KNOW..... <input type="checkbox"/></p> <p>Not visited any restaurants in the past 30 days.... <input type="checkbox"/></p> <p>REFUSED..... <input type="checkbox"/></p>



Tobacco Surveys in Qatar

(Tobacco Policy)

STEPwise Survey Behavioral questions (TQS):

Question	Response
During the past 30 days, have you noticed information about the dangers of smoking cigarettes or that encourages quitting through the following media?	
Newspapers or magazines	Yes No Don't know
Television	Yes No Don't know
Radio	Yes No Don't know
During the past 30 days, have you noticed information about the dangers of smoking Shisha/Argeela or that encourages quitting through the following media?	
Newspapers or magazines	Yes No Don't know
Television	Yes No Don't know
Radio	Yes No Don't know
In the last 30 days, have you noticed any advertisements promoting tobacco on the internet	YES <input type="checkbox"/> NO <input type="checkbox"/> DONT KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
During the past 30 days, have you noticed any advertisements or signs promoting cigarettes in stores where cigarettes are sold?	YES <input type="checkbox"/> NO <input type="checkbox"/> DONT KNOW <input type="checkbox"/>
During the past 30 days, have you noticed any advertisements or signs promoting Shisha/Argeela in stores where cigarettes are sold?	YES <input type="checkbox"/> NO <input type="checkbox"/> DONT KNOW <input type="checkbox"/>



Tobacco Surveys in Qatar

(Tobacco Policy)

STEPwise Survey Behavioral questions (TQS):

Question	Response
During the past 30 days, have you noticed any of the following types of cigarette promotions?	
Free samples of cigarettes	Yes No Don't know
Cigarettes at sale prices	Yes No Don't know
Coupons for cigarettes	Yes No Don't know
Free gifts or special discount offers on other products when buying cigarettes	Yes No Don't know
Clothing or other items with a cigarette brand name or logo	Yes No Don't know
Cigarette promotions in the mail/e-mail	Yes No Don't know
During the past 30 days, have you noticed any of the following types of Shisha/Argeela promotions?	
Free samples of Shisha/Argeela	Yes No Don't know
Shisha/Argeela at sale prices	Yes No Don't know
Coupons for Shisha/Argeela	Yes No Don't know
Free gifts or special discount offers on other products when buying sheesha/argeela	Yes No Don't know
Clothing or other items with a sheesha/argeela brand name or logo	Yes No Don't know
Shisha/Argeela promotions in the mail/e-mail	Yes No Don't know



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STEPwise Survey Behavioral questions (TQS):

(Tobacco Policy)

<i>The next questions are administered to current smokers only.</i>	
Question	Response
During the past 30 days, did you notice any health warnings on cigarette packages?	Yes No Did not see any cigarette packages Don't know
During the past 30 days, have warning labels on cigarette packages led you to think about quitting?	Yes No Don't know
The last time you bought manufactured cigarettes for yourself, how many cigarettes did you buy in total?	Number of cigarettes <input type="text"/>
In total, how much money did you pay for this purchase? In Qatari Riyals	Amount <input type="text"/>



Tobacco Surveys in Qatar

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STEPwise Survey Behavioral questions (TQS):

(Tobacco Policy)

Question	Response
Based on your experience of smoking, do you think that your current brand might be a little less harmful, is no different, or might be a little more harmful, compared to other cigarettes?	A LITTLE LESS HARMFUL <input type="checkbox"/> NO DIFFERENT <input type="checkbox"/> A LITTLE MORE HARMFUL <input type="checkbox"/> DON'T KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
Do you think that colors of a cigarette package* could be an indicator of harmfulness of cigarettes?	YES <input type="checkbox"/> NO <input type="checkbox"/> DON'T KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
Based on what you know or believe, is smoking Shisha/Argeela less harmful, no different, or more harmful compared to smoking cigarettes?	LESS HARMFUL <input type="checkbox"/> NO DIFFERENT <input type="checkbox"/> MORE HARMFUL <input type="checkbox"/> DON'T KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>
Would you favour or oppose increasing taxes on tobacco products?	FAVOR <input type="checkbox"/> OPPOSE <input type="checkbox"/> DON'T KNOW <input type="checkbox"/> REFUSED <input type="checkbox"/>



Tobacco Surveys in Qatar

The Global Adult Tobacco survey (GATS) is a global standard for systematically monitoring adult tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GATS are a nationally representative survey, using a consistent and standard protocol across countries including Qatar. GATS enhance countries capacity to design, implement and evaluate tobacco control programs. It will also assist countries to fulfill their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries.

GATS use a global standardized methodology. It includes information on respondents' background characteristics, tobacco use (smoking and smokeless), cessation, secondhand smoke, economics, media, and knowledge, attitudes and perceptions towards tobacco use.



Tobacco Surveys in Qatar

WHO has developed **MPOWER**, a package of selected demand reduction measures contained in the WHO **FCTC**:

MPOWER



1. **M**onitor tobacco use & prevention policies.
2. **P**rotect people from tobacco smoke.
3. **O**ffer help to quit tobacco use.
4. **W**arn about the dangers of tobacco.
5. **E**nforce bans on tobacco advertising, promotion, & sponsorship.
6. **R**aise taxes on tobacco.



Tobacco Surveys in Qatar

GATS | Global Adult Tobacco survey

Qatar
2013

Tobacco Smokers

In Qatar households, overall 12.1% (representing 51 thousand) of adults 15 years and above currently smoked tobacco, (men 20% and women 3.1%). Among Qatari, the prevalence of current tobacco smoking was 10.5% (21.3% for men and 0.6% for women) compared to 12.9% among the Non-Qatari population (19.6% for men and 4.6% for women).

Approximately, 10% of adults were current cigarette smokers, including 17.9% of men and 1.8% of women. The prevalence of current cigarette smoking among Qatari was 9% (men 18.5% and women 0.3%), compared to 10.9% among Non-Qatari (men 17.6% and women 2.7%). Approximately 84% of current cigarette smokers were daily cigarette smokers (men 85% and women 72%).

TOBACCO SMOKERS									
	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Current tobacco smokers	12.1	20.2	3.1	10.5	21.3	0.6	12.9	19.6	4.6
Age group									
15-24	6.2	10.7	1.9	6.3	12.8	0.0	6.1	8.6	3.7
25-34	12.5	24.6	2.4	12.2	25.8	0.7	12.6	23.9	3.3
35-44	15.3	23.8	4.1	14.3	28.6	0.1	15.7	22.4	5.8
45-54	14.1	20.7	5.6	11.9	24.5	1.7	15.0	19.5	8.1
55-64	15.7	21.8	2.6	16.3	28.8	3.0	15.3	19.4	2.2
65+	8.4	15.6	0.0	5.7	12.1	0.0	12.8	19.6	—
Daily tobacco smokers	9.5	16.5	1.7	8.8	18.2	0.1	9.8	15.7	2.6
Current cigarette smokers ¹	10.2	17.9	1.8	9.0	18.5	0.3	10.9	17.6	2.7
Daily cigarette smokers ¹	8.6	15.2	1.3	7.9	16.5	0.1	9.0	14.6	2.1
Former daily tobacco smokers ² (among all adults)	3.9	6.8	0.7	3.0	6.2	0.1	4.4	7.1	1.2
Former daily tobacco smokers ² (among ever daily smokers)	27.3	27.6	24.7	23.8	24.2	—	28.8	29.3	25.9

¹ Includes manufactured cigarettes and hand-rolled cigarettes.

² Current non-smokers.

-- Indicates estimate based on less than 25 un-weighted cases and has been suppressed.



Tobacco Surveys in Qatar

GATS | Global Adult Tobacco survey

Qatar
2013

Shisha Tobacco Smoking

Overall, 3.4% of adults were current shisha smokers; the prevalence of shisha smoking among men was 4.9% compared to 1.6% for women. Among Qatari men, the shisha smoking prevalence was 5.3% compared to 4.8% for Non-Qatari men. Qatari women reported shisha use at 0.4% compared to Non-Qatari women at 2.4%. Above 10% of current shisha smokers started shisha smoking before the age of 18. Nearly 85% of men smoked shisha in a cafe, while almost 63% of women smoked shisha at home.

SHISHA SMOKING	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Current shisha smokers	3.4	4.9	1.6	2.7	5.3	0.4	3.7	4.8	2.4
Daily shisha smokers	0.8	1.3	0.4	0.7	1.3	0.1	0.9	1.2	0.5
Started smoking shisha before age 18	10.8	11.0	10.2	14.6	14.3	–	9.4	9.4	9.5
Last shisha smoking session occurred in a cafe	74.1	85.2	35.7	81.7	86.9	–	71.0	84.3	38.2
Last shisha smoking session occurred at home	24.6	13.5	62.8	15.7	10.3	–	28.1	15.2	60.1



Tobacco Surveys in Qatar

GATS | Global Adult Tobacco survey

Qatar
2013

Smokeless Tobacco

Overall, 0.7% of adults (representing three thousand adults) currently use smokeless tobacco products (1.3% of men and 0.0% of women). The prevalence of smokeless tobacco use among Qatari men was 1.5% compared to 1.3% among Non-Qatari men. There was no reported smokeless tobacco use among women at all.

SMOKELESS TOBACCO USERS									
	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Current smokeless tobacco users	0.7	1.3	0.0	0.7	1.5	0.0	0.7	1.3	0.0
Age group									
15-24	1.0	2.0	0.0	1.4	2.7	0.0	0.7	1.4	0.0
25-34	0.6	1.2	0.0	0.7	1.5	0.0	0.5	1.1	0.0
35-44	0.8	1.4	0.0	0.5	1.1	0.0	0.9	1.5	0.0
45-54	0.6	1.1	0.0	0.0	0.0	0.0	0.9	1.5	0.0
55-64	0.3	0.4	0.0	0.0	0.0	0.0	0.4	0.6	0.0
65+	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	--
Daily smokeless tobacco users	0.5	0.9	0.0	0.5	1.1	0.0	0.5	0.8	0.0
Former daily smokeless tobacco users ³ (among all adults)	0.2	0.3	0.0	0.1	0.2	0.0	0.2	0.4	0.0
Former daily smokeless tobacco users ³ (among ever daily users)	25.0	25.0	--	14.1	14.1	--	30.3	30.3	--

³ Current non-users.

-- Indicates estimate based on less than 25 un-weighted cases and has been suppressed.



Tobacco Surveys in Qatar

GATS | Global Adult Tobacco survey

Qatar
2013

Tobacco users

Currently 12.6% of the overall adult household population residing in Qatar (10.9% Qatari and 13.5% Non-Qatari) are using tobacco in any form (smoked or smokeless). Nearly similar levels of tobacco use was reported by both Qatari and Non-Qatari men (22.0% and 20.7% respectively). Tobacco use among women was 4.7% among Non-Qatari compared to 0.6% among Qatari.

TOBACCO USERS										
		OVERALL			QATARI			NON-QATARI		
		TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Current tobacco users		12.6	21.1	3.1	10.9	22.0	0.6	13.5	20.7	4.7
Age group	15-24	6.7	11.7	1.9	7.0	14.2	0.0	6.4	9.2	3.8
	25-34	12.9	25.4	2.4	12.6	26.7	0.7	13.1	24.8	3.3
	35-44	15.9	24.9	4.1	14.5	28.9	0.1	16.4	23.7	5.8
	45-54	14.7	21.9	5.7	11.9	24.5	1.8	15.9	21.0	8.1
	55-64	16.0	22.2	2.7	16.3	28.8	3.0	15.9	19.9	2.3
	65+	8.5	15.6	0.0	5.7	12.1	0.0	13.1	19.6	–



Tobacco Surveys in Qatar

GATS | Global Adult Tobacco survey

Qatar
2013

Age of Initiation

Among ever daily smokers age 20 to 34 years old, 8.6% started smoking daily before the age of 15 years (Qatari 11.9% and Non-Qatari 6.4%) and 45.5% initiated daily smoking before the age of 18 years (54.5% Qatari and Non-Qatari 39.5%).

AGE OF INITIATION									
	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Started daily smoking before age 15	8.6	9.6	1.3	11.9	12.2	--	6.4	7.5	1.5
Started daily smoking before age 18	45.5	45.1	48.7	54.5	56.0	--	39.5	36.4	53.4
Average age of daily smoking initiation	18.1 YRS	18.1 YRS	18.0 YRS	17.3 YRS	17.3 YRS	--	18.6 YRS	18.8 YRS	17.9 YRS



Tobacco Surveys in Qatar

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Qatar
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Electronic Cigarette

Nearly half (49%) of the surveyed population heard about electronic cigarettes; 8% had ever bought or had ever seen anyone buying them in Qatar. Only 2.8% had ever used an electronic cigarette and less than 1% were currently using them.

ELECTRONIC CIGARETTE	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Ever heard of electronic cigarettes	49.0	62.8	33.8	49.2	68.2	31.7	48.9	60.2	35.2
Ever used an electronic cigarette	2.8	4.5	0.9	2.4	4.2	0.8	3.0	4.6	1.0
Current user of electronic cigarettes	0.9	1.6	0.2	0.8	1.3	0.2	1.0	1.7	0.1
Daily user of electronic cigarettes	0.1	0.3	0.0	0.1	0.3	0.0	0.2	0.3	0.0
Ever bought or seen someone buy an electronic cigarette in Qatar	8.0	10.7	4.9	8.3	12.4	4.6	7.7	9.9	5.2



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Exposure to Secondhand Smoke

Overall, 12.0% of adults (8.3% of Qatari, 13.8% and of Non-Qatari) who worked indoors were exposed to tobacco smoke at the workplace, while 16.8% (16.7% of Qatari and 16.9% of Non-Qatari) were exposed at their homes and 25.9% (29.2% of Qatari and 24.1% of Non-Qatari) were exposed in restaurants.

EXPOSURE TO SECONDHAND SMOKE

	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Adults exposed to tobacco smoke at the workplace ^{8,*}	12.0	13.7	7.8	8.3	9.0	6.8	13.8	15.7	8.4
Adults exposed to tobacco smoke at home at least monthly	16.8	16.7	17.0	16.7	15.7	17.7	16.9	17.1	16.5
Adults exposed to tobacco smoke in restaurants ⁹	25.9	21.2	32.2	29.2	21.9	37.6	24.1	20.9	29.0

⁸ Among those who work outside of the home who usually work indoors or both indoors and outdoors.

⁹ Among those who visited restaurants in the past 30 days.

* During the past 30 days.



Tobacco Surveys in Qatar

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Economics of Tobacco Smoking

On average, current smokers of manufactured cigarettes spent QR 10.2 for a pack of 20 cigarettes. Cigarettes are very affordable in Qatar as the cost of 100 packs of manufactured cigarettes as a percentage of per capita Gross Domestic Product (GDP) was only 0.3%. The majority of adults (85.9% overall, 87.7% Qatari and 84.9% Non-Qatari) supported increasing taxes on tobacco products.

ECONOMICS OF TOBACCO SMOKING

	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Average amount spent on 20 manufactured cigarettes (Qatar Riyal)	10.2	10.3	8.3	11.5	11.5	–	9.6	9.6	8.3
Cost of 100 packs of manufactured cigarettes as a percentage of per capita Gross Domestic Product (GDP) 2012 ¹⁰	0.3	NA	NA	NA	NA	NA	NA	NA	NA
Adults who support increasing taxes on tobacco products	85.9	81.8	90.3	87.7	83.2	91.9	84.9	81.2	89.3

¹⁰ 2012 GDP per capita (nominal) = QR 382,000 (provided by the Ministry of Development Planning and Statistics, per April 2013 estimates).

-- Indicates estimate based on less than 25 un-weighted cases and has been suppressed.

NA = Not applicable as indicator is only calculated for overall total.



Tobacco Surveys in Qatar

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Smoking Cessation

Overall, 66.8% of current tobacco smokers were interested in quitting and 77.4% of smokeless tobacco users were interested in quitting. Only 38.2% of tobacco smokers and 36.3% of smokeless tobacco users had tried to quit at some time during the past 12 months. Almost two thirds of smokers who visited a health care provider in the last 12 months (71.3%) received advice by the health care provider on quitting.

SMOKING CESSATION	OVERALL			QATARI			NON-QATARI		
	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)	TOTAL (%)	MEN (%)	WOMEN (%)
Smokers who made a quit attempt in past 12 months ⁵	38.2	37.7	41.3	35.3	34.9	--	39.4	39.2	40.8
Current smokers who planned to or were thinking about quitting	66.8	68.6	53.5	71.3	70.7	--	64.8	67.6	50.3
Smokers advised to quit by a health care provider in past 12 months ^{5,6}	71.3	72.9	61.6	82.4	81.9	--	67.5	69.3	59.5
Smokeless users who made a quit attempt in past 12 months ⁷	36.3	36.3	--	50.3	50.3	--	28.0	28.0	--
Current smokeless users who planned to or were thinking about quitting	77.4	77.4	--	68.3	68.3	--	82.6	82.6	--

⁵ Includes current smokers and those who quit in the past 12 months.

⁶ Among those who visited a health care provider in past 12 months.

⁷ Includes current smokeless users and those who quit in past 12 months.

-- Indicates estimate based on less than 25 un-weighted cases and has been suppressed.



Tobacco Surveys in Qatar

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Knowledge, Attitudes, and Perceptions

The majority of adults believed that tobacco consumption cause serious illnesses: 96.0% believed smoking in general causes serious illness; 90.9% believed smoking shisha causes serious illness.; and 80.9% believed using smokeless tobacco causes serious illness. 95.1% of adults believed that exposure to other people's smoke cause serious illness for non smokers.

KNOWLEDGE, ATTITUDES & PERCEPTIONS

	TOTAL (%)	OVERALL		TOTAL (%)	QATAR		TOTAL (%)	NON-QATAR	
		CURRENT SMOKERS/USERS (%)	NON-SMOKERS/USERS (%)		CURRENT SMOKERS/USERS (%)	NON-SMOKERS/USERS (%)		CURRENT SMOKERS/USERS (%)	NON-SMOKERS/USERS (%)
Adults who believed smoking causes serious illness	96.0	91.3	96.7	97.4	94.1	97.8	95.3	90.0	96.0
Adults who believed smoking shisha causes serious illness	90.9	89.6	90.9	94.4	94.3	94.4	88.9	87.7	89.0
Adults who believed smokeless tobacco use causes serious illness	80.9	71.7	80.9	86.1	--	86.1	78.0	65.8	78.1
Adults who believed breathing other peoples' smoke causes serious illness in nonsmokers	95.1	91.7	95.5	96.1	93.1	96.4	94.5	91.1	95.0

-- Indicates estimate based on less than 25 un-weighted cases and has been suppressed.

NOTE: Current use refers to daily and less than daily use. Adults refer to persons aged 15 years and older. Data have been weighted to be nationally representative of all non-institutionalized men and women aged 15 years and older. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.



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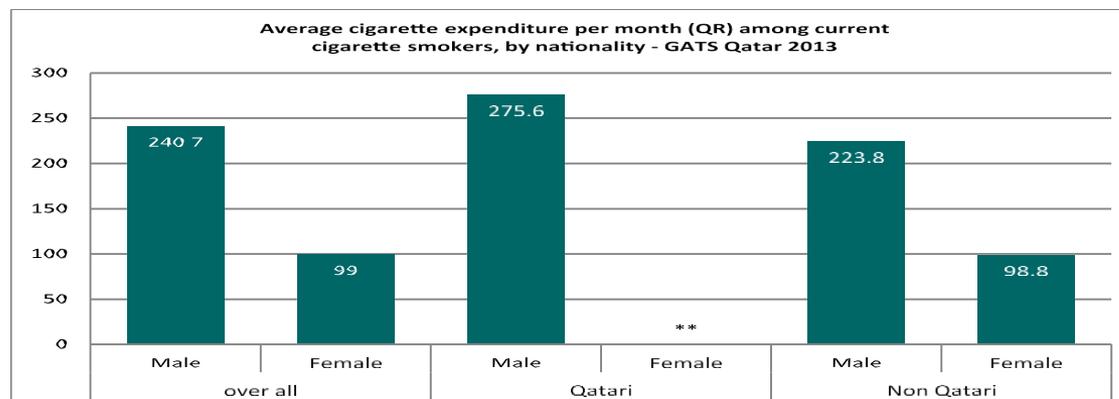
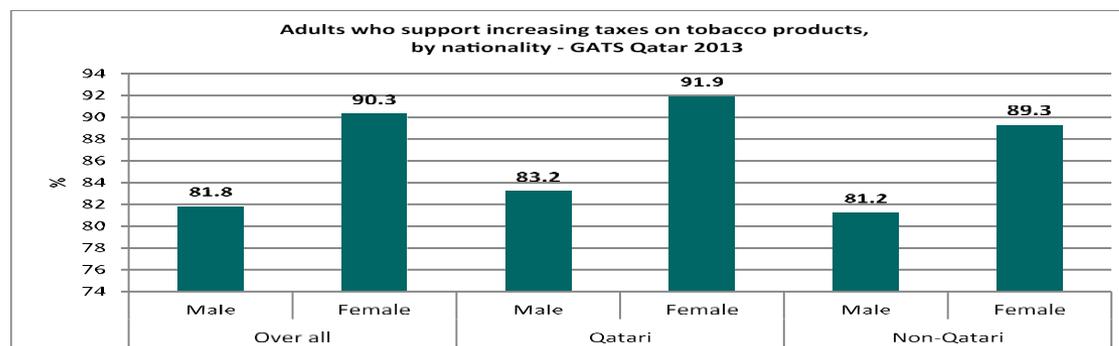
Tobacco Surveys in Qatar

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Raise taxes on tobacco

Increasing the price of tobacco through higher taxes is the single most effective way to encourage tobacco users to quit and prevent youth from starting to smoke. Taxes need to be increased regularly to correct for inflation and consumer purchasing power. Tobacco taxes are generally well accepted by the public and raise government revenues.



**Value suppressed because based on less than 25 un-weighted cases.
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Thank You



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